

Awesome Benefits

Bible Study

[Watch Online](#)

Psalms 103:2-6 ² Bless the LORD, O my soul, and forget not **all his benefits**:

³ Who forgiveth all thine iniquities; who healeth all thy diseases;

⁴ Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies;

⁵ Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's.

⁶ The LORD executeth righteousness and judgment for all that are oppressed.

This is a time of renewing our minds with THE WORD.

It was His will, it's already decreed. It's done, we decide if we are going to believe it.

Verse 2 "forget not all his benefits" or Don't forget any of His benefits, but know and receive everyone of them."

Forget H7911 shakach *shā·kakh'*

Forget, forgotten

- I. To forget, ignore, wither
 - a. (Qal)
 - i. to forget
 - ii. to cease to care
 - b. (Niphal) to be forgotten
 - c. (Piel) to cause to forget
 - d. (Hiphil) to make or cause to forget
 - e. (Hithpael) to be forgotten

All H3605 Kol *kōle*

Everything, all, whatsoever, whosoever

- I. All, the whole
 - a. all, the whole of
 - b. any, each, every, anything
 - c. totality, everything

Benefits H1576 gemuwl *ghem·ül'*

Recompense, reward, benefit

- I. dealing, recompense, benefit
 - a. dealing (of one's hand)
 - b. recompense

c. benefit

treatment, i.e. an act (of good), that which he hath given, recompense, reward.

What are we to not forget?

So, let's look and see what these benefits are.

Verse 3 "Who forgiveth all thine iniquities; who healeth all thy diseases", HE, the Lord; forgives all our sins, faults, consequences and heals (cures and make thoroughly whole) all our sickness, disease, malady, grievous sickness.

Forgiveth H5545 calach *sä·lakh'*

Forgive, forgiven, pardon, spare

- I. to forgive, pardon
 1. (Qal) to forgive, pardon
 2. (Niphal) to be forgiven

Iniquities H5771 avon *ä·vōn'*

Iniquity, punishment, fault, iniquities, mischief, sin

- I. Perversity, depravity, iniquity, guilt or punishment of iniquity
 1. iniquity
 2. guilt of iniquity, guilt (as great), guilt (of condition)
 3. consequence of or punishment for iniquity

From H5753 avah *ä·vä'*

Iniquity, perverse, perversely, perverted, amiss, turn, crooked, bowed down, troubled, wickedly, & wrong.

- I. To bend, twist, distort
 - a. (Niphal) to be bent, be bowed down, be twisted, be perverted
 - b. (Piel) to twist, distort
 - c. (Hiphil) to do perversely
- II. to commit iniquity, do wrong, pervert
 - a. (Qal) to do wrong, commit iniquity
 - b. (Hiphil) to commit iniquity

Healeth H7495 rapha *rä·fä'*

Heal, physician, cure, repaired

- I. To heal, make healthful
 - a. (Qal) to heal
 - I. of God
 - II. healer, physician (of men)

- III. of hurts of nations involving restored favor (fig)
- IV. of individual distresses (fig)
- b. (Niphal) to be healed
 - I. literal (of persons)
 - II. of water, pottery
 - III. of national hurts (fig)
 - IV. of personal distress (fig)
- c. (Piel) to heal
 - I. literal
 - II. of national defects or hurts (fig)
- d. (Hithpael) in order to get healed (infinitive)

Diseases H8463 tachaluw *takh·al·ü'*

Disease, sick, sickness, grievous, malady,

From H2456 chala *khä·lä'*

Diseased,

- I. (Qal) to suffer, be sick, be diseased

What does God do?

He forgives us from what?

How many [sins](#), [evils](#), [faults](#), [perversities](#) does he forgive?

He heals what?

How many [sicknesses](#), [diseases](#), grievous sickness, [malady](#) does he heal?

Verse 4 “Who redeemeth thy life from destruction; who crowneth thee with lovingkindness and tender mercies”

Redeemeth H1350 gaal *gä·al'*

Redeem, redeemer, kinsman, revenger, avenger, ransom, at all, deliver, kinsfolks, kinsman’s part, purchase

- I. To redeem, act as kinsman-redeemer, avenger, revenge, ransom, do the part of a kinsman
 - a. (Qal)

- i. to act as kinsman, do the part of next of kin, act as kinsman-redeemer
 - 1. by marrying brother's widow to beget a child for him, to redeem from slavery, to redeem land, to exact vengeance
 - ii. to redeem (by payment)
 - iii. to redeem (with God as subject)
 - 1. individuals from death
 - 2. Israel from Egyptian bondage
 - 3. Israel from exile
- b. (Niphal)
- i. to redeem oneself
 - ii. to be redeemed

Thy life H2416 chay *khah'·ē*

Live, life, alive, living thing

- I. Living, alive
 - a. green (of vegetation)
 - b. flowing, fresh (of water)
 - c. lively, active (of man)
 - d. reviving (of the springtime)
- II. Relatives
- III. Life (abstract emphatic)
 - a. Life
 - b. Sustenance, maintenance
- IV. Living thing, animal
 - a. Animal
 - b. Life
 - c. Appetite
 - d. Revival, renewal
- V. Community

Destruction H7845 shachath *shakh'·ath*

Corruption, pit (especially as a trap), destruction, ditch, grave

- A. Pit, destruction, grave
- 1. pit (for catching lions)
 - 2. pit (of Hell)

From H7743 Shuwach *shü'·akh*

Bowed down, inclined

- I. to sink down, be bowed down,
 - 1. (Qal) to sink down
 - 2. (Hiphil) of depression of the mind

Crowneth H5849 atar ä·tar'

Crown, compass (to circle for protection), crowning

- I. to surround
 - a. (Qal) to surround
- II. to crown, give a crown
 - a. (Piel) to crown
 - b. (Hiphil) crown-bestower (participle)

Lovingkindness H2617 checed *kheh'·sed*

Mercy, kindness, lovingkindness, goodness, kindly, merciful, favor, good, goodliness,

- I. goodness, kindness, faithfulness

Tender mercies H7356 racham *rakh'·am*

Mercy, compassion, womb (as in cherishing the baby), bowels, pity, damsel, tender love,

- I. womb
- II. compassion

What does He do?

What does He Redeem your life from?

After He Redeems you, what takes place?

What does it mean to be crowned with lovingkindness and tender mercies?

Verse 5 "Who satisfieth thy mouth with good things; so that thy youth is renewed like the eagle's."

Satisfieth H7646 Saba sä·vah'

Satisfy, fill, full, plenty, enough

Fill to satisfaction (literally or figuratively). To have enough to be full, to have plenty of, to have excess.

- I. to be satisfied, be sated, be fulfilled, be surfeited
 - a. (Qal)
 - i. to be sated (with food)

- ii. to be sated, be satisfied with, be fulfilled, be filled, have one's fill of (have desire satisfied)
- iii. to have in excess, be surfeited, be surfeited with
 - 1. to be weary of (fig)
- b. (Piel) to satisfy
- c. (Hiphil)
 - i. to satisfy
 - ii. to enrich
 - iii. to sate, glut (with the undesired)

Good H2896 towb *tōve*

Good in the widest sense. Good, better, well, goodness, goodly, best, merry, fair, prosperity, precious, fine, wealth, beautiful, fairer, favor, glad

- I. good, pleasant, agreeable
 - a. pleasant, agreeable (to the senses)
 - b. pleasant (to the higher nature)
 - c. good, excellent (of its kind)
 - d. good, rich, valuable in estimation
 - e. good, appropriate, becoming
 - f. better (comparative)
 - g. glad, happy, prosperous (of man's sensuous nature)
 - h. good understanding (of man's intellectual nature)
 - i. good, kind, benign
 - j. good, right (ethical)
- II. a good thing, benefit, welfare
 - a. welfare, prosperity, happiness
 - b. good things (collective)
 - c. good, benefit
 - d. moral good
- III. welfare, benefit, good things
 - a. welfare, prosperity, happiness
 - b. good things (collective)
 - c. bounty

From H2895 Towb *tōve*

Well, good, please, goodly, better, cheer, comely, do

- I. to be good, be pleasing, be joyful, be beneficial, be pleasant, be favorable, be happy
be right
 - a. (Qal)
 - i. to be pleasant, be delightful
 - ii. to be glad, be joyful
 - iii. to be better
 - iv. to be well with, be good for
 - v. to be pleasing
 - b. (Hiphil) to do well, do good, act right, act rightly

Youth H5271 na uwr nă·ür'

Youth, childhood, the state (juvenility) or the person (young people)

Renewed H2318 chadash khă·dash'

Renew, repair, to rebuild,

- I. To be new, renew, repair
 - a. (Piel)
 - i. to renew, make anew
 - ii. to repair
 - b. (Hithpael) to renew oneself

What is he going to satisfy?

What is he going to satisfy your mouth with?

What would be a physical thing and a spiritual thing?

What happens when you take in this physical and spiritual food God gives you?

Verse 6 "The LORD executeth righteousness and judgment for all that are oppressed."

Executeth H6213 asa ä·sä'

Do, make, wrought, deal, commit, offer, execute, keep, shew, prepare, work, do so, perform, get

- I. To do, fashion, accomplish, make
 - a. (Qal)
 - i. to do, work, make, produce
 1. to do
 2. to work
 3. to deal (with)
 4. to act, act with effect, effect
 - b. To make
 - i. to make
 - ii. to produce
 - iii. to prepare
 - iv. to make (an offering)
 - v. to attend to, put in order
 - vi. to observe, celebrate
 - vii. to acquire (property)

- viii. to appoint, ordain, institute
- ix. to bring about
- x. to use
- xi. to spend, pass

a. (Niphal)

- i. to be done
- ii. to be made
- iii. to be produced
- iv. to be offered
- v. to be observed
- vi. to be used

b. (Pual) to be made

II. (Piel) to press, squeeze

“Genesis 1:7 And God ***made*** the firmament...”

“Genesis 1:12 ... and the tree ***yielding*** fruit...”

Righteousness H6666 tsedagah

Righteousness, justice, right, righteous acts, righteously

I. justice, righteousness

a. righteousness (in government)

- i. of judge, ruler, king
- ii. of law
- iii. of Davidic king Messiah

b. righteousness (of God's attribute)

c. truthfulness

d. justification, salvation

- i. of God
- ii. prosperity (of people)

e. righteous acts

From H6663 tsadaq

I. To be just, be righteous

a. (Qal)

- i. to have a just cause, be in the right
- ii. to be justified
- iii. to be just (of God)
- iv. to be just, be righteous (in conduct and character)

b. (Niphal) to be put or made right, be justified

c. (Piel) justify, make to appear righteous, make someone righteous

d. (Hiphil)

- i. to do or bring justice (in administering law)
- ii. to declare righteous, justify
- iii. to justify, vindicate the cause of, save
- iv. to make righteous, turn to righteousness

e. (Hithpael) to justify oneself

Judgment H4941 mishpat

Judgment, manner, right, cause, ordinance, lawful, order, worthy, fashion, custom, discretion, law, measure,

- I. Judgment, justice, ordinance.
 - a. judgment
 - i. act of deciding a case
 - ii. place, court, seat of judgment
 - iii. process, procedure, litigation (before judges)
 - iv. case, cause (presented for judgment)
 - v. sentence, decision (of judgment)
 - vi. execution (of judgment)
 - vii. time (of judgment)
 - b. justice, right, rectitude (attributes of God or man)
 - c. ordinance
 - d. decision (in law)
 - e. right, privilege, due (legal)
 - f. proper, fitting, measure, fitness, custom, manner, plan

Oppressed H6231 Ashaq

Oppress, oppressor, defraud, wrong, deceived, deceitfully gotten, oppression, violence

- I. to press upon, oppress, violate, defraud, do violence, get deceitfully, wrong, extort
 - a. (Qal)
 - i. to oppress, wrong, extort
 - ii. to oppress
 - b. (Pual) to be exploited, be crushed

What does God do?

Who does he execute judgment for?

Who is God executing judgment against?

Recap: Bless the Lord oh my soul and forget not all his benefits. What benefits? He forgives **all** our iniquities and heals **all** our sickness and diseases. Who redeems our life from destruction, from that lying oppressor who is nothing but a fraud. He crowns us with loving kindness and tender mercies. Like a baby in the protective womb of the mother. He satisfies our mouth with good things; physically and spiritually. This is what makes us vital, gives us not just surviving life but life as a youth; strong, enduring and vibrant. He does this for **all!**

Oh Glorious Father, help each person watching and/or reading this receive the truth of the awesome benefits that are in you if we will simply receive them. Let us walk in the Kingdom that you have given us. Amen.

Declaration of a New Creation

Talk to it about God.

What is your authority?

1. God has given me power and authority over all the powers of the enemy.
2. I walk in Authority.
3. I walk in Power.
4. I speak to sickness, disease and affliction about God and not to God about them.
5. I command sickness, disease and affliction to go in the Name of Jesus and they must go.
6. I have been put here to subdue and take dominion over every living thing.
7. The enemy must flee before my presences.
8. Demons are under my feet.
9. Satan is under my feet.
10. I am an ambassador of God, changing what I see into the likeness of My Father's Kingdom.
11. I have the right to declare the policy of a new government, I direct and enforce those policies.
12. I have the right to set people free and bring them into a New Kingdom and I do.